

Do not tell me

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The usual response of adult human being is, he knows everything and not required any further guidance or advice, *“ I know everything, please do not tell me”, I have been living life according to the situations given by God and I shall overcome the situation according to my experience and knowledge”*. The question is whether this is a right approach to the life?

The obvious answer is yes. The reason is one can not live life of others. Each human being is genetically different than others. Therefore in Gita there are 18 chapters (YoGa) and each one is applicable according to the level of intellect and physical strength of Individual. In fact our Varna Vyavastha is based on this principle but converted into caste and creed by influential governors of society of then relevant time. Human being can not be judged family, in which he has taken birth but he should be judged by his natural characteristics. Arjuna was preached by Lord Krishna to look into his inner characteristics for fighting out battle. Someone may have more curiosity for getting more knowledge to direct the life according to the level of intellect, while others may have eagerness to improve the physical strength and lead the life. In both the situations the fundamental universal principles remain the same that human being can not live without action. The person can not run away from doing and taking actions. Even not doing action is also action. Therefore which action is more appropriate, one needs to decide based on his intellect and mind. To illustrate this situation, let me give one example. In a motor car, we need engine, which generates power, while steering coupled with accelerator along with gear, which assist driver to reach at his destination. In a real life, Mind is an engine (powerhouse), generates energy and steam, and intellect is a steering cum accelerator along with gear. If car gets started and not place in gear used with accelerator and steering, driver will remain at the same place. Similarly mind is working hard but without intellect, the progress is ruled out. In fact intellect should dominate and use the mind. However while applying intellect, fear comes as front runner and discourage the actions. Fear comes from ignorance. To overcome situation, one needs to have knowledge, which drive away ignorance and intern it instills confidence for taking an action. The knowledge even works on mind because the function of mind is to believe and function of intellect is to understand. **Hence knowledge is a panacea**. However at the same time the function of mind is vitally important. The desires come from the mind and satisfaction of desire also register in mind. Therefore predominately mind is a first place in any action. The desire comes from necessity or feeling incompleteness without something (missing). Here someone needs to draw a line for things described as basic necessity and things required to fulfill completeness. The desires derived from feeling of incompleteness needs more attentions, because it is related to beyond necessity. For example someone fixes goal for attaining super rich status. The fixing of goal is not bad things but it

comes from incompleteness feeling of a person, which required more attentions . The knowledge (intellect) may provide directions to fulfill them . If person is attached , for doing the things, to ethical principles (All religions spell about ethical practices) , the doer himself and society at large will derive good fruits .

Therefore one needs to improve his experience and knowledge continuously by following right path. “ I “ stands for ignorance ,which needs to be removed by kindling knowledge . Everyone has to take appropriate decision at the earliest on any situation rather than running away or giving up action . Do the actions as duty , exercise intellect and mind while executing the task and offer to the GOD saying that we have done our best and leave the rest unto HIM and accept the result as Prasadi of GOD ,which will reduce your stress . Each execution of action has a reaction , even taking no action is also action . The result of action is based on how it is executed . This is not a science ,which one can prove that what action you take ,you will get certain result . If it a science , no need of believing in theory of GOD 's presence. It is a matter of faith . Developing theory and believing certain things beyond comprehension of human mind is a faith . This does not mean that science and spirituality is different . It is going hand in hand but science stops somewhere and spirituality travels further . Faith can not be proved but confidence can be proved . This is the difference between faith and confidence. Generally we are always questioning the things which we dislike .The things which we like or give pleasure have never listed in your diary as question . Let me give one more example to clarify the belief. As a chartered ,you open your office daily in anticipation that someone may need your services and will pay visit to you . This is your faith in yourself as well as visitor has faith in you that you will be helpful to him . Are you able to prove that who will visit you and what result you will be able to deliver ? You may say it a matter of faith in your capability and facts of case , Right ? Similarly , one should visit temple or place of worship of God and offer himself . If you have done an action as accepting your duty with full ability , the result would be good. However running away from taking action and expecting no action will yield good result is a stupidity . Believe it that one needs to lift , sustain and progress himself by his own knowledge and experience and no miracle will make this possible unless you take own actions .

“ we cannot teach people anything, we can only help them discover it within themselves”

-Galileo Galilei